



## Exploring Legal and Financial Issues

October 13, 2022

### ONLINE RESOURCES

These online resources were referenced in our webinar and/or supplement the information provided. All of the links are active. If you are viewing this on your computer, simply click on the link to go directly to the resource.

**Please note: Legal information is specific to the state in which you live. Most of the information contained here is for the State of California.**

#### GENERAL INFORMATION

##### ***Conservatorship and Guardianship***

Family Caregiver Alliance

<https://www.caregiver.org/print/22507>

##### ***Durable Power of Attorney for Health Care/Advance Directives***

California Advocates for Nursing Home Reform fact sheet

[http://www.canhr.org/factsheets/legal\\_fs/PDFs/FS\\_Durable\\_HealthCare.pdf](http://www.canhr.org/factsheets/legal_fs/PDFs/FS_Durable_HealthCare.pdf)

##### ***Estate Planning in the Time of the Coronavirus Pandemic***

AARP

<https://www.aarp.org/retirement/planning-for-retirement/info-2020/guide-to-virtual-wills-estate-plans.html>

##### ***Finding an Attorney to Help with Estate Planning***

Family Caregiver Alliance

<https://www.caregiver.org/print/22508>

##### ***Giving Someone Power of Attorney for Your Health Care***

American Bar Association-The Commission on Law and Aging

[https://www.americanbar.org/content/dam/aba/administrative/law\\_aging/2020-multi-state-fillable-hcpa.pdf](https://www.americanbar.org/content/dam/aba/administrative/law_aging/2020-multi-state-fillable-hcpa.pdf)

##### ***Legal and Financial Planning for People with Alzheimer's Disease***

National Institutes of Health/National Institute on Aging

<https://order.nia.nih.gov/sites/default/files/2021-01/legal-financial-planning-dementia-factsheet.pdf>

##### ***Legal Assistance for Seniors*** (No or low-cost)

Alameda County -- Legal Assistance for Seniors/Health Insurance Counseling and Advocacy Program:

<https://www.lashicap.org/programs/legal/#health-law>

Contra Costa County -- Senior Legal Services: <https://www.ccls.org/>

All other counties in CA: [http://www.canhr.org/LRS/legal\\_services\\_by\\_county.htm#07](http://www.canhr.org/LRS/legal_services_by_county.htm#07)

##### ***National Association of Elder Law Attorneys***

[www.NAELA.org](http://www.NAELA.org)

##### ***What Every Caregiver Needs to Know About Money***

Family Caregiver Alliance

<https://www.caregiver.org/print/23064>

## ADVANCE HEALTH CARE DIRECTIVES

(Advance Health Care Directives and POLSTs are state-specific. Be sure that the forms you are using are accepted in your state.)

### **Advance Health Care Directives and POLST** (general information)

Family Caregiver Alliance

<https://www.caregiver.org/print/22506>

### **Advance Health Care Directives** (downloadable form for each state)

National Hospice and Palliative Care Organization

<https://www.nhpco.org/advancedirective/>

### **California: Advance Health Care Directive** (fillable form from CA Probate Code)

<https://hopehospice.com/wp-content/uploads/2018/06/ProbateCodeAdvancedHealthCareDirectiveForm-fillable.pdf>

### **Five Wishes: A Unique Advance Health Care Directive**

Hope Hospice Webinar – June 5, 2020

<https://www.youtube.com/watch?v=azyPLE2Zrdg&t=7s>

### **POLST** (Physician Orders for Life Sustaining Treatment) (forms for each state)

<https://www.everplans.com/articles/state-by-state-polst-forms>

## PLANNING AND PAYING for LONG TERM CARE

(In California, Medi-Cal is a combined federal and state funded public assistance program for low-income individuals. In other states, these same programs are called Medicaid.)

### **Horizon Elder Law and Estate Planning** (Julie Fiedler, R.N., Attorney at Law)

[www.HorizonLawCa.com](http://www.HorizonLawCa.com)

Long Term Care Planning: [www.horizonlawca.com/lawyer/Long-Term-Care-Planning\\_cp17332.htm](http://www.horizonlawca.com/lawyer/Long-Term-Care-Planning_cp17332.htm)

Veteran's Benefits: [www.horizonlawca.com/lawyer/Veteran%E2%80%99s-Benefits\\_cp17337.htm](http://www.horizonlawca.com/lawyer/Veteran%E2%80%99s-Benefits_cp17337.htm)

### **Medi-Cal Eligibility Booklet**

California Advocates for Nursing Home Reform

[http://www.canhr.org/publications/PDFs/MEB\\_Eng.pdf](http://www.canhr.org/publications/PDFs/MEB_Eng.pdf)

### **Overview of Medi-Cal for Long Term Care**

California Advocates for Nursing Home Reform

[http://www.canhr.org/factsheets/medi-cal\\_fs/PDFs/FS\\_Overview\\_Medi-Cal\\_LTC.pdf](http://www.canhr.org/factsheets/medi-cal_fs/PDFs/FS_Overview_Medi-Cal_LTC.pdf)

### **Paying for Long Term Care**

National Institutes of Health/National Institute on Aging

<https://www.nia.nih.gov/health/paying-care>

### **Planning for Long Term Care**

California Advocates for Nursing Home Reform

[http://www.canhr.org/factsheets/legal\\_fs/PDFs/FS\\_Planning\\_for\\_LTC.pdf](http://www.canhr.org/factsheets/legal_fs/PDFs/FS_Planning_for_LTC.pdf)

## ELDER ABUSE

### ***California Advocates for Nursing Home Reform (CANHR)***

[www.canhr.org](http://www.canhr.org)

### ***How to Prevent Elder Financial Abuse***

California Advocates for Nursing Home Reform

[http://www.canhr.org/factsheets/abuse\\_fs/PDFs/FS\\_PrevElderAbuse.pdf](http://www.canhr.org/factsheets/abuse_fs/PDFs/FS_PrevElderAbuse.pdf)

### ***Recognizing and Reporting Elder Abuse***

California Advocates for Nursing Home Reform

[http://www.canhr.org/factsheets/abuse\\_fs/PDFs/FS\\_ElderAbuse.pdf](http://www.canhr.org/factsheets/abuse_fs/PDFs/FS_ElderAbuse.pdf)

## COVID-19 RESOURCES FOR FAMILY CAREGIVERS

### ***CANHR's News and Resources for COVID-19***

<https://canhrnews.com>

### ***COVID-19 Nursing Home Data – Centers for Medicare and Medicaid Services (CMS)***

<https://data.cms.gov/covid-19/covid-19-nursing-home-data>

### ***Essential Caregivers Act – H.R. 3733***

[www.wearenotvisitors.com](http://www.wearenotvisitors.com)

### ***Medicare Care-Compare*** (staff and resident vaccination rates for care facilities)

[www.medicare.gov/care-compare](http://www.medicare.gov/care-compare)