

DEMENTIA – GENERAL INFORMATION

- [***The Dementias: Hope through research***](#)
National Institute on Aging/National Institutes of Health
- [***Dementia: Is this dementia and what does it mean?***](#)
Family Caregiver Alliance
- [***MIND Diet***](#) (Mediterranean-DASH Intervention for Neurogenerative Delay)
WebMd
- [***Seven worst habits for your brain***](#)
AARP Magazine
- [***Ten drugs that can cause memory loss***](#)
AARP Magazine
- [***Types of Dementia***](#)
Alzheimer's Association
- [***Understanding Memory Loss***](#)
National Institute on Aging/National Institutes of Health

ALZHEIMER'S DISEASE

- [***Alzheimer's Association***](#)
www.alz.org
- [***Alzheimer's Disease Fact Sheet***](#)
National Institute on Aging/National Institutes of Health
- [***Alzheimer's Disease Medications Fact Sheet***](#)
National Institute on Aging/National Institutes of Health
- [***FDA approved treatments for Alzheimer's disease***](#)
Alzheimer's Association
- [***Now what? Next steps after an Alzheimer's diagnosis***](#)
National Institute on Aging/National Institutes of Health
- [***Stages of Alzheimer's Disease***](#)
Alzheimer's Association

OTHER DEMENTIAS

- [*Lewy Body Dementia: Information for patients, families, and professionals*](#)
National Institute on Aging/National Institutes of Health
- [*Frontotemporal Disorders: Information for patients, families, and caregivers*](#)
National Institute on Aging/National Institutes of Health
- [**Multi-infarct Dementia**](#) (vascular dementia)
National Institute of Neurological Disorders and Stroke
- **Parkinson's Disease**
Parkinson's Foundation
www.parkinson.org
- [**Parkinson's Disease Information Page**](#)
National Institute of Neurological Disorders and Stroke

ONLINE VIDEOS

- [*A Changing Brain*](#) (YouTube)
Teepa Snow, M.S., O.T.
Positive Approach to Care[™]
www.teepasnow.com
- [*How Alzheimer's Changes the Brain*](#) (YouTube)
National Institute on Aging
- [*Teepa's Gems*](#)[™] (Stages of Dementia)
- [*What is Lewy Body Dementia and How is it Treated?*](#)
UC San Francisco
- [*What's the Difference Between Dementia and Alzheimer's?*](#)
Trinity College, Dublin, Ireland