



FAMILY CAREGIVER EDUCATION SERIES

Understanding Advanced Illness

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ONLINE RESOURCES

Alzheimer's Association

<https://alz.org>

Alzheimer's Caregiving (National Institute on Aging/National Institutes of Health)

<https://www.nia.nih.gov/health/alzheimers/caregiving>

American Stroke Association

www.stroke.org

Anxiety Disorders (National Institute of Mental Health)

www.nimh.nih.gov/health/topics/anxiety-disorders/index.shtml

Arthritis Foundation

<https://www.arthritis.org/health-wellness/detail?content=aboutarthritis>

Cancer in Older Adults

www.cancer.net/sites/cancer.net/files/cancer_in_older_adults.pdf

Congestive Heart Failure

www.emedicinehealth.com/congestive_heart_failure/article_em.htm

Depression and Older Adults (National Institute of Mental Health)

www.nimh.nih.gov/health/publications/older-adults-and-depression/index.shtml

Diabetes in Older People (National Institute on Aging)

<https://www.nia.nih.gov/health/diabetes-older-people#:~:text=Diabetes%20is%20a%20serious%20disease,to%20develop%20in%20older%20adults>

Heart Failure (American Heart Association)

<https://www.heart.org/en/health-topics/heart-failure/what-is-heart-failure>

Heart Health (American Heart Association)

<https://www.heart.org/en/health-topics/caregiver-support>

Medications: A caregiver's guide to medications and aging (Family Caregiver Alliance)

<https://www.caregiver.org/resource/caregiver%ca%bcs-guide-medications-and-aging/>

Medscape

<https://reference.medscape.com/>

National Institute of Neurological Disorders and Stroke

www.ninds.nih.gov

Osteoporosis and Arthritis: Two common but different conditions

www.bones.nih.gov/health-info/bone/osteoporosis/conditions-behaviors/osteoporosis-arthritis

Palliative Care

www.nhpco.org/patients-and-caregivers/about-palliative-care/

Palliative Care vs. Hospice

https://www.nhpco.org/wp-content/uploads/2019/04/PalliativeCare_VS_Hospice.pdf

POLST (Physician Orders for Life Sustaining Treatment)

https://capolst.org/wp-content/uploads/2020/10/POLST_2017_wCover.pdf

Pneumonia: Must-know facts about pneumonia in elderly adults

<https://www.aplaceformom.com/caregiver-resources/articles/pneumonia-facts>

Skincare Tips for Caregivers

<https://www.usdermatologypartners.com/locations/texas/central-texas/austin/austin-brodie-lane/blogs/skincare-tips-for-caregivers/>

Stroke (Family Caregiver Alliance)

www.caregiver.org/resource/stroke/

Stroke: Hope through research (National Institute of Neurological Disorders and Stroke)

www.ninds.nih.gov/sites/default/files/stroke_hope_through_research_february_2020_508c.pdf

Urinary Tract Infections in the Elderly

www.agingcare.com/articles/urinary-tract-infections-elderly-146026.htm

Vision Loss and Blindness (Family Caregiver Alliance)

www.caregiver.org/resource/vision-loss-and-blindness/