

Tragic Loss Support Group

Help For Unexpected or Sudden Death

The Tragic Loss Support Group

The Tragic Loss Support Group is designed to help those affected by an unexpected or sudden death. Tragic losses such as accidents, suicide, or homicide present challenges that require unique coping strategies. The Tragic Loss Support Group is facilitated by professional grief support providers.

Before participating in our grief support services, we ask that you attend an informational interview with a Grief Support Provider. Enrollment is limited, please call our Grief Support Center at (925) 829-8770 or (510) 439-4917 to schedule your appointment.

The Tragic Loss Support Group will meet the 1st and 3rd Monday of each month.

Time: 5:30 p.m. – 7:00 p.m.

There is a comfort in knowing that you are not alone.

There is no fee to attend.

Additional Grief Support Services for Adults, Teens and Children:

- Transitions Support Group
- Individualized Grief Support
- Grief in the Workplace
- On-Site Support for Schools & Youth Organizations
- Community Seminars
- Resource Library
- Grief Training for Professionals
- Annual Memorial Service
- Volunteer Training

The Hope Hospice Grief Support Center relies on community support. Donations and program sponsorships are needed and are always gratefully accepted. Our resource library and grief support groups are available to the entire community, without fee.

