



NEWS RELEASE

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Love, Losses, and Learning: Local Hospice Hosts Film Screening on “Gifts of Grief”

(DUBLIN, CA) Grieving the death of a loved one is among the most challenging experiences we will face in life. How do we transform the tragedy of our losses into a life altering experience that deepens and enriches our lives? On February 16, 2010, from 7:00 p.m. to 8:30 p.m., Hope Hospice invites the community to a film screening entitled, “Gifts of Grief.” Through compelling personal stories, the film offers valuable insights from people facing, growing and transforming through grief. What can we learn from our losses? How do we go on? What really are the ‘gifts of grief’? These are the core questions that are explored by ordinary and extraordinary people.

The film shares stories from people who have experienced deep loss including writers Isabel Allende, Reverend Cecil Williams; youth trainer, Vinny Ferraro; and Zen Monk/Vietnam Veteran, Claude AnShin Thomas. It reveals how they found a way to transform their grief into a greater appreciation for life and hope for a brighter future.

The film will be followed by a discussion with filmmaker/producer, Nancee Sobonya, MA, a grief counselor and educator who has presented this highly acclaimed educational documentary at conferences, churches, hospitals, and film festivals worldwide. The event is one of the many activities and services the Hope Hospice Grief Support Center offers adults, teens, and children who have experienced the death of a loved one.

The event is a community service of Hope Hospice and is free of charge. The **reservation deadline is Thursday, February 11, 2010.** To reserve space, call (925) 829-8770 or send name, phone number, email address, and number in your party to info@hopehospice.com. For more information about the event, visit us at www.HopeHospice.com.

About Hope Hospice

Hope Hospice, a 501 (c) 3 non-profit organization since 1980, provides compassionate care, insight, and guidance as families navigate through the end-of-life process. The team of professionals, many with hospice and palliative care certification, provides emotional and spiritual support and state-of-the art methods of pain and symptom control to maximize quality of life. Hope Hospice serves families in Alamo, Blackhawk, Castro Valley, Diablo, Danville, Dublin, Livermore, Pleasanton, San Ramon, Sunol and the surrounding communities in the East Bay of San Francisco. For more information call (925) 829-8770 or visit us at www.HopeHospice.com.

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