

Children and Teens Support Groups

For Children Ages 6-12 and Teens Ages 13-18

Safe and Nurturing Environment

Children and teens that have experienced the death of a love one can be overwhelmed with their grief. The Hope Hospice Grief Support Program offers a safe and nurturing environment to help them understand emotions and learn healthy coping skills. With guidance in age appropriate support groups, children and teens can explore their feelings. Sharing, creative writing, art projects, music, and games are used to help work through their grief.

Before participating in our grief support services, we ask that you attend an informational interview with a Grief Support Provider. Enrollment is limited, please call our Grief Support Center at (925) 829-8770 or (510) 439-4917 to schedule your appointment.



Additional Grief Support Services for Adults, Teens and Children:

- Transitions Support Group
- Tragic Loss Support Group
- Individualized Grief Support Group
- Grief in the Workplace
- On-Site Support for Schools and Youth Organizations
- Community Seminars
- Resource Library
- Grief Training for Professionals
- Annual Memorial Service
- Volunteer Training

Teen's 13 - 18 (6 weeks)

Tuesdays - January 24, January 31, February 7, February 14, February 21 and March 6
7:00 p.m. - 8:30 p.m.

Children 6 - 12 (6 weeks)

Thursdays - January 26, February 2, February 9, February 16, February 23, March 1
5:30 p.m. - 7:00 p.m.

Parent / Guardian's group meets at the same time as your child's group.

To learn more about the program, please call our Family Group Specialist; Linda Henry at (925) 829-8770